

Nightingale Highlights

NOVEMBER 2021



Embrace National Gratitude Month

November is National Gratitude Month. This monthly observance reminds us to embrace the power of gratitude. Being grateful and thankful can shift our mindset from negative to positive thinking.

Practicing gratitude comes with many benefits such as enhancing our mood, decreasing stress and improving overall physical and mental health. Besides developing a greater connection to yourself and the world around you, you can lower anxiety and blood pressure levels, increase peace and happiness and create more fulfilling personal and professional relationships. That is just a small list of benefits and there are many more to experience, but you may be wondering how exactly do you practice gratitude?



Sharing it with Others

Express your gratitude to those that matter most. Letting people know you appreciate them and their friendship, is a great way to strengthen those relationships and lift someone else's spirits.



Journaling

The act of daily journaling is significant to practicing gratitude. Start small by jotting down three things each day that you are grateful for. These can be an important person in your life or a big or small task you achieved that day. The important thing is that you are dedicating a few minutes each day to acknowledge the positive aspects of your life.



Giving Back

There is no better way to show your appreciation than to give back. Volunteer your time or donate to important causes or local charities. Giving back creates a cycle of gratitude that helps enhance positivity and growth for yourself and the community you live in.

Take time this November to practice gratitude. Start with some of the activities above to create positive energy and unlock the benefits of this simple yet impactful practice.

Light Up Your Space with the Firefly II

Like its namesake, the Firefly II is a stackable guest chair that is mobile and dynamic.

Meant for versatile spaces such as conference rooms, meeting rooms, classrooms, and other collaborative/flexible spaces, the Firefly II will suit any area.

The classic model with black plastic seat, back and contoured arms is a simple, fuss-free stackable chair. The waterfall seat on all models helps to reduce muscle fatigue and ensure user comfort. Its contoured, rear-angled legs are great for stability and act as a wall saver. The Firefly II is lightweight yet supportive and stacks 6 high free standing and 10 on a dolly. The plastic seat and back are easy to disinfect making them a great option for high traffic areas.



The Firefly II comes in a variety of model options that include:



Chrome Arms

Add distinction and polish to any room



Casters

Dynamic wheeled legs add an extra touch of freedom, and allow for endless movement and reconfiguration



Chrome Arms with Casters



Mesh Back

Nightingale's Nebula dual mesh is interwoven with 4-way stretch fabric that boasts dynamic movement. The backing allows air to pass freely which keeps the user comfortable in any environment.

- With chrome arms
- With upholstered seat – Ergonomic Nebula mesh back and upholstered seat allows for maximum comfort, and optional cushion will cocoon your body
- With upholstered seat and chrome arms



Upholstered Seat

- With upholstered back – Provides a comfortable sit in any environment
- With upholstered back and chrome arms – Brings a touch of class and uniformity to any room
- With upholstered back, chrome arms and casters

Nightingale's Firefly II reinvents the classic stackable chair into a sleek, ergonomic and innovative seating solution. The Firefly II can be upholstered in a variety of Nightingale's high-quality textiles, vinyls and leathers. With a wide selection to choose from, we make customizing your chair and workspace easy.

Tailor Nightingale Products with Customer Own Material

Did you know Nightingale offers custom upholstery options using customer's own material?

Nightingale's C.O.M. (customer's own material) program lets you incorporate a personal textile, vinyl or leather into the final design of your chair. Materials are applied to the product based on the discretion of Nightingale's experienced upholstery team. The team seamlessly integrates C.O.M. material to create an individualized product that maintains the integrity and quality of a Nightingale chair.

Since this material is supplied by the customer, Nightingale does not provide a warranty or guarantee for how the fabric wears or for any defects found.

The C.O.M. program is great for creating a unique seating look. Nightingale is pleased to provide this unique service to customers who are looking to make their Nightingale chair one-of-a-kind.

For example, Nightingale's Tonik guest/lounge chair gets a cool cowboy style with this C.O.M. material that resembles horse hide. The seat is covered in the company's high-quality leather and the chair's back and frame proudly display the C.O.M. material.



Get to Know the Stephanie

Nightingale's Stephanie is a smart, refined and collaborative modular system. This square streamlined chair is perfect for smaller collaboration and guest spaces. It is ideal for organizations that want to create more meeting areas across the entire office environment.

Each element of this modular system can be used alone or ganged together in settings where people can focus on individual work, collaborate with a group or socialize with colleagues.

The Stephanie consists of high-density, high-resiliency seat and back foam for comfort and support, placed over a plywood frame for strength. The fully upholstered seat and back allow for fun two-tone upholstery options. The separate back design lets users mix and match to create unique designs that will brighten up their space. The Stephanie stands on polished aluminum legs for an elegant finished look.

This lightweight modular lounge system embodies a playful spirit and fulfills society's desire to work and interact in team environments. Nightingale is proud to offer the versatile, fun and stylish Stephanie seating system.



ABOUT US

Founded in 1928, Nightingale is a contract seating manufacturer that puts purpose before profit. By collaborating with top designers, engineers and research teams, we create quality ergonomic products that are good for your body and the planet. Nightingale is one of the country's Greenest Employers and is committed to building products with minimal carbon footprints that are recyclable, sustainable and durable. All our products are made in our waste-free facility powered by clean energy. As one of the country's Best Managed companies, Nightingale's commitment to comfort, quality and innovation drives our vision to be a global industry leader.

We invite you to visit us at www.nightingalechairs.com to view all our quality seating options, obtain virtual literature, use the My Chair Maker app, learn more about our green initiatives and discover Nightingale's story.



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